

Create your Why Video

You have heard of developing a vision board where you put pictures of the people you love, your friends, and cut out pictures from a magazine or collect screen shots from your computer of the things that inspire you or you want to do or experience. Instead of putting pictures on a board, surf the net for inspiring pictures or images of your WHY. Use a program like Greenshot to snip out and capture pictures or search Google images for pictures or buy pictures from one of the online stock photo sites.

Use your computer's movie making capabilities. A program like Windows Live Movie Maker or any movie maker software to bring your vision board to life.

The benefit of a video over a vision board is you can have access to it anywhere at any time if you load it on one of your mobile devices like your phone or your laptop. Or on the cloud. Even load it on YouTube and have 24/7 access through your browser, just set your YouTube settings to private (Under *Video Information*, go down to *Broadcasting and Sharing Options* and click on the box *Private (only people you choose can view)*).

Simply add the pictures to the video with the special effects and the motion you like as well as add some motivating music that you love. Make sure to watch your *Why Video* everyday to remind you of why you are on the journey to get the job you want rather than one that is simply available to you. I watch my *Why Video* in the morning when I get up.

Most of you know about and practice putting away money now so it will grow and be sufficient for you later in life when you need it. Why would you not start doing it with something much more important than your money – your soul? If you don't it is like living with a rattlesnake eventually it will bite you and drag you down into death.

You need to nurture your soul to feed it- and the only way to do that is to be true, to be honest with you and to fulfill your 'be all that you can be', your WHY, your purpose –so when the time comes you can go with a full soul. Death may be much further off than you could ever have imagined. In the next 20 to 30 years with the rate technology is evolving your life may be extended way beyond today's life expectancy of 80 years and who knows you may be living well into 120-130 years old. I know I do not want to die –life is so great –I am voting for perpetual life, but heck if I get an extra 50 years I will not complain.