*Ping.fm HootSuite or Buffer	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Email Notifier		Once/Day Review/Respond Comment/Share/ RSS reader	Once/Day Review/Respond Comment/Share RSS Reader	Once/Day Review/Respond Comment/Share RSS Reader	Once/Day Review/Respond Comment/Share RSS Reader	Once/Day Review/Respond Comment/Share RSS Reader	Once/Day Review/Respond Comment/Share RSS Reader
		6 AM best	6 AM best	6 AM best	6 AM best	6 AM best	6 AM best
facebook	Status Update, link to article or video or imp. Info. b/w 6:30AM and 7:00AM Schedule with HootSuite	Status Update, link to article or video or imp. Info. b/w 6:30AM and 7:00AM			Status Update, link to article or video or imp. Info. b/w 6:30AM and 7:00AM		Status Update, link to article or video or imp. Info. b/w 6:30AM and 7:00AM
LinkedIn	Status update to LinkedIn through HootSuite	Status update to LinkedIn through HootSuite			Status update to LinkedIn through HootSuite		Status update to LinkedIn through HootSuite
Twitter	2 per day 2- 9PM HootSuite update LinkedIn				2 +2RT /day 2-9PM HootSuite Update LinkedIn	2 +2RT /day 2-9PM HootSuite Update LinkedIn	Do not ping 2 +2RT /day 2-9PM Plus 3:55PM HootSuite Update LinkedIn
Send emails	Before 6AM For CTR	Before 6AM For CTR	Before 6AM	Before 6AM	Before 6AM	Before 6AM	Before 6AM
Blog	Post on Saturday or Sunday	Or	Early	At	6AM	Only once	Every 2 weeks

*LogIn to PingFm HootSuite or Buffer